

Language Expansion Toolkit for Partners | English

Young people in Canada can now call Kids Help Phone in Ukrainian, Russian, Pashto, Dari, Mandarin and Arabic for free, private support, available 24/7, from anywhere in Canada.

Share information about Kids Help Phone's services with your friends, family and other followers using this [toolkit](#).

This toolkit includes helpful post ideas and assets about Kids Help Phone's free, confidential e-mental health services. **Don't forget to tag @KidsHelpPhone in your posts.**

Click on an image below to access a downloadable link.



Young people calling @KidsHelpPhone can now speak to a counsellor via interpretation in Ukrainian, Russian, Pashto, Dari, Mandarin and Arabic available 24/7 from anywhere in Canada. Call 1-800-668-6868 to chat with a counsellor today!



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About Kids Help Phone

Kids Help Phone is Canada's only 24/7 e-mental health service offering free, confidential support in English and French to young people. As the country's virtual care expert, we give millions of youth a safer, trusted space to connect over phone, through text or to self-directed support in any moment of crisis or need.